
Your Personal Wellness Moment
WELLNESS CENTER
LAVRIS HOTEL GROUP

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Our philosophy

Treat yourself to a luxuriously indulgent day of pampering inspired by the majestic Mediterranean.

Our signature treatments are enriched with Ariadne Athens products, celebrating the timeless beauty, nature, and traditions of Greece.

Let your senses drift into a world of serenity and elegance, where every ritual is carefully crafted to restore balance, awaken the senses, and nurture complete well-being.

Entrust your mind, body, and soul to the expert care of our wellness specialists.

Facial Treatments

MELI - DREAM HONEY DELICATE HYDRATING FACIAL

I 50 mins I

A highly rejuvenating and deeply hydrating experience that replenishes the skin's moisture levels while offering powerful anti-ageing benefits. Your skin is left feeling soft, supple, and beautifully radiant. Allow yourself to experience the soothing essence of rosewater, delicately intertwined with the thirst-quenching aromas of lime, while your skin indulges in the unique moisturizing benefits of our precious honey mask. Vital moisture levels are instantly restored, leaving your complexion refreshed, luminous, and glowing with natural vitality.

SEA BREEZE FLASH AFTER SUN EXPERIENCE

I 30 mins I

Experience the cooling sensation of a refreshing sea breeze. This revitalizing facial draws on the invigorating properties of seawater, combined with the calming benefits of acorn flour, to help restore the skin's natural moisture balance. Inflammation and irritation are instantly soothed, providing immediate comfort and relief, making this the perfect treatment following sun exposure.

RADIANT FACE

I 30 mins I

Welcome the Cretan glow. Experience luminous, radiant skin with an instant infusion of intense hydration and multiple anti-ageing benefits. A deeply cleansing and illuminating mask gently removes dead skin cells from the surface, gradually revealing a silky-smooth complexion. Soft and delicately scented wild rose oil replenishes the skin through a nourishing facial massage, delivering essential nutrients that promote vitality and youthful radiance. Your complexion is left beautifully refreshed, smooth, and glowing with natural luminosity.

RED CARPET FACE - SKIN REBIRTH TREATMENT

I 50 mins I

A high-performance, personalized treatment designed to diminish the appearance of fine lines and wrinkles while deeply moisturizing and regenerating the skin. It soothes redness and irritation, helps heal scars, reinforces natural cellular renewal, and enhances the skin's overall appearance. Your face, décolletage, hands, and arms are immersed in a shower of wellness through the powerful red extract of Alkanna tinctoria, combined with exclusive techniques tailored to address individual skin concerns. The result is a visibly renewed complexion. Your skin is recharged. Your skin is restored. Your skin is reborn.

LUNAR GRACE - LUXURY ANTI-AGING FACE TREATMENT

I 50 mins I

The ultimate anti-ageing experience for your skin, enriched with precious gemstones. Designed to target the visible effects of ageing, this treatment helps reduce fine lines and wrinkles, strengthens delicate skin, and enhances elasticity and firmness. Healing crystals complement this ritual, while a luxurious blend of evening primrose and ylang ylang nourishes and rejuvenates the skin, leaving a visibly firmer, lifted, and youthful complexion.

Body Treatments

Body Scrubs

CONFETTI RAINFALL SHOWER

I 30 mins I

A stimulating full-body crystal exfoliation, infused with captivating aromas that gently remove dead skin cells. The result is skin that regains elasticity and smoothness, leaving a velvety touch and a fresh, radiant, healthy glow.

Choose between our Scrub Collection: Jasmine & Gardenia, Rose Petals, Mocha, Fresh Coconut.

Body Wraps

CASHMERE TOUCH

I 30 mins I

This deeply nourishing body wrap harnesses the restorative power of naturally rich shea butter to replenish moisture and restore smoothness to dry, damaged skin.

LUXURIOUS GOLD

I 30 mins I

An extravagantly rich, ultra-luxurious blend of 24K gold and starflower oil creates an intensely hydrating, velvet-like mask that envelops your skin in silky indulgence. Experience a body that feels baby-soft, rejuvenated, and deeply nourished.

Premium Body Treatment

MINOAN PRINCESS - HYDRATING & NOURISHING BODY TREATMENT

I 75 mins I

Embark on a rejuvenating journey inspired by the rich botanical heritage of Crete. This indulgent ritual begins with a nourishing body mask enriched with organic honey, followed by a deeply relaxing massage with Dittany oil infused with Cretan crocus, leaving the skin silky smooth. The experience concludes with a refreshing gel enriched with red grape and authentic Cretan raki, deeply hydrating the skin while gently awakening the senses!

GREEK YOGURT SUN COOLER - AFTER SUN BODY TREATMENT

I 30 mins I

A fully restorative treatment that provides the ultimate after-sun cooling sensation. This anti-inflammatory and deeply hydrating ritual soothes sun-exposed skin, relieving irritation while replenishing moisture.
A refreshing mask—carefully prepared by our therapist—combines waterlily, cucumber, aloe vera, and Greek yoghurt to restore the skin's natural lipids, leaving it soft, smooth, and deeply nourished.

Massages

COCOON & REVITALIZE - AROMATHERAPY MASSAGE

I 50 mins - 80 mins I

Expertly crafted from beginning to end, this treatment gradually soothes every part of the body while quieting the mind, delivering a truly lavish, cocooning experience.Indulge your senses in the aromatic blend of precious frankincense and enticing patchouli, creating a profound sense of calm, balance, and inner peace.

DEEP TISSUE MASSAGE

I 50 mins I

This deep tissue massage is expertly tailored to target areas of muscle tension and soreness. Using a series of intensive techniques, it enhances circulation, releases built-up toxins, and restores balance to both the body and nervous system.

BACK NECK AND SHOULDERS MASSAGE

I 30 mins I

This massage targets the back, neck, head, and forehead, incorporating acupressure point stimulation and dynamic techniques. Expertly orchestrated movements awaken the senses, guiding you on a unique journey of relaxation that fully revitalizes the body.

FOOT MASSAGE

I 30 mins I

This massage applies targeted pressure points to activate nerve reflexes, stimulating body organs and tissues to enhance overall function and well-being. It is highly effective for calming the mind, relieving headaches, and promoting deep, restorative sleep.

MELTING SENSATION - CANDLE MASSAGE

I 50 mins - 80 mins I

Lay back and unwind as delicately scented warm drops envelop your body in a velvet-textured massage, creating an exceptionally unique sensation. Allow the warm oil to deeply penetrate the skin, releasing its nourishing properties and captivating fragrance. This is an outstanding aromatherapy experience, promoting relaxation, rejuvenation, and a profound sense of bliss and balance.Choose your signature scent from our collection: De - Stress or Relaxing.

SCANDALOUS SILKY LEGS - CELLULITE MASSAGE

I 30 mins I

Experience your smoothest, silkiest legs ever. Alluring notes of Jasmine and Gardenia, combined with the warm, spicy aroma of cinnamon, captivate your senses, while a blend of carefully selected essential oils tones the body and enhances elasticity. As the warm massage oil glides over your skin, it leaves a silky, velvety finish, helping you feel confident in your most graceful, alluring curves.

PRENATAL BLOSSOM

I 50 mins I

This head-to-toe prenatal treatment is specially designed for expectant mothers from the second trimester onward. Enriched with nourishing organic karité butter, it helps alleviate muscle tension—particularly in the lower back—while easing discomfort during and after pregnancy. The treatment is complemented by a luxurious gardenia-infused body butter, leaving the skin deeply nourished, soft, and delicately scented.

HEAD MASSAGE

I 30 mins I

A blissful scalp massage designed to relieve stress and headaches, promote improved sleep, support scalp health, and enhance mental clarity. Rejuvenate your mind, body, and spirit while enjoying a profound sense of overall well-being.

Signature Treatments

UNDER THE MOONLIGHT FACE & BODY TREATMENT

I 100 mins I

A mesmerizing touch for the skin, a unique ritual for the senses, and a captivating journey for the soul. Sparkling white sugar crystals gently exfoliate, preparing the body for an innovative mask enriched with 24K gold leaves and precious gemstones. This treatment delivers a truly luxurious, perfectly balanced anti-ageing experience, leaving the skin radiant, nourished, and rejuvenated.

LOVE AFFAIR FOR COUPLES

I 75 mins I

Fall in love, indulge, and enjoy together. This treatment celebrates couples who delight in shared moments of relaxation and fun. Experience the pleasure of this rejuvenating ritual side by side, choosing from a selection of luxurious cool, spicy, and earthy aromas—each crafted to captivate your senses and enhance your shared experience.


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SPA SERVICES