HOTEL WELLNESS
SPA SERVICES

Dear guests,
we welcome you
to our tranquility world
with a great
discount spa voucher

10% OFF to all our SPA SERVICES

OR

10 EXTRA MINUTES MASSAGE

This voucher is valid only during
the first 2 days upon your arrival
and cannot be combined with
any other offer or promotion.

Please provide this voucher to the SPA reception
and start your relaxation
and wellness journey with us

The voucher is for personal use,
therefore it is applicable only for the holder.

Thank you



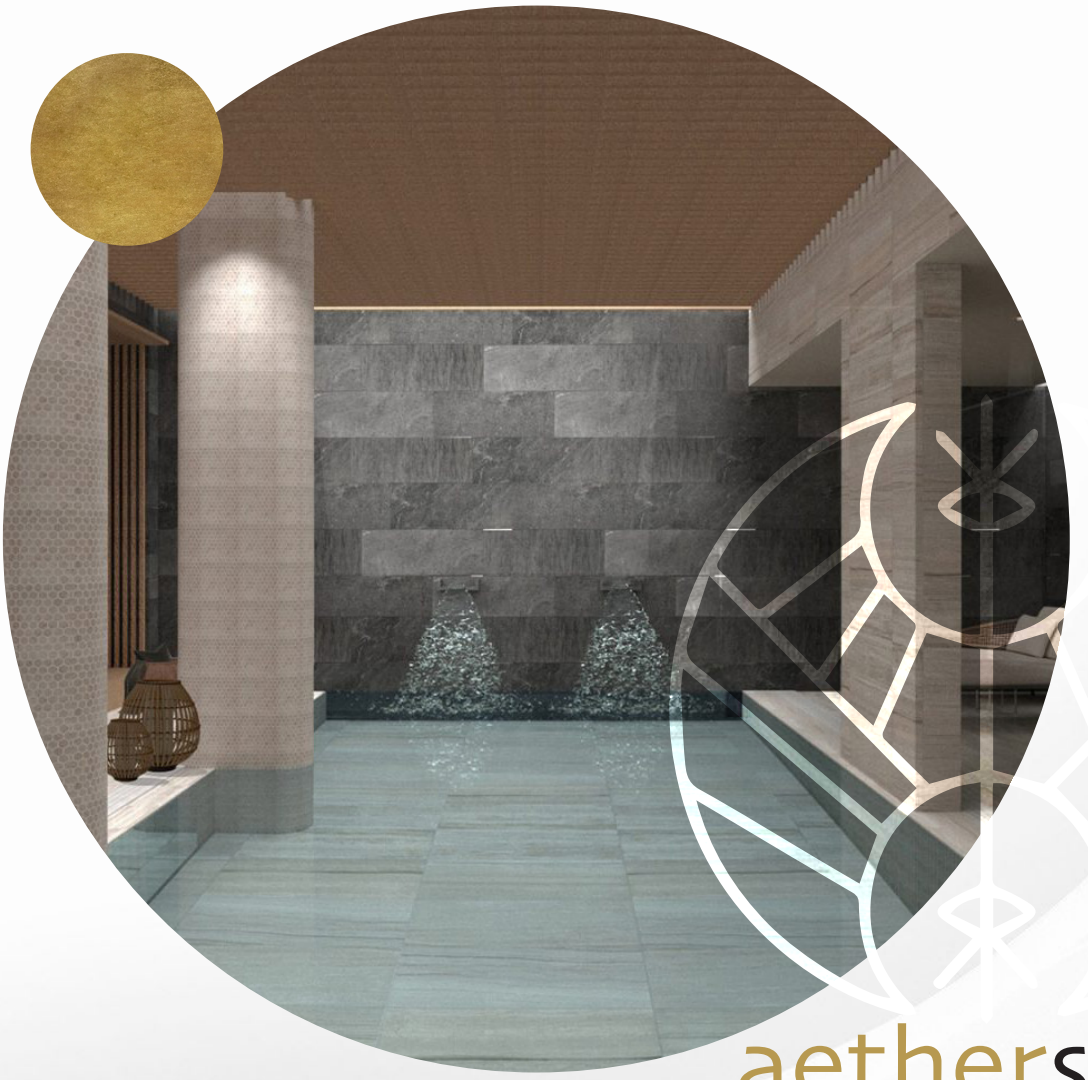
aether

the AKASHA SPA

AKASHA

BEACH HOTEL & SPA

★★★★★



aetherspa

the AKASHA SPA

Aether Spa invites you to a sanctuary of serenity where beauty, balance, and well-being unite. Inspired by the boundless energy of the upper sky, our offers a serene escape where body, mind, and soul reconnect in perfect harmony.

Our curated spa menu features the internationally acclaimed brands Germaine de Capuccini and Ariadne Athens, combining advanced skincare expertise with the purity of natural ingredients. Each treatment is thoughtfully designed to restore vitality, awaken the senses, and elevate your wellness experience.

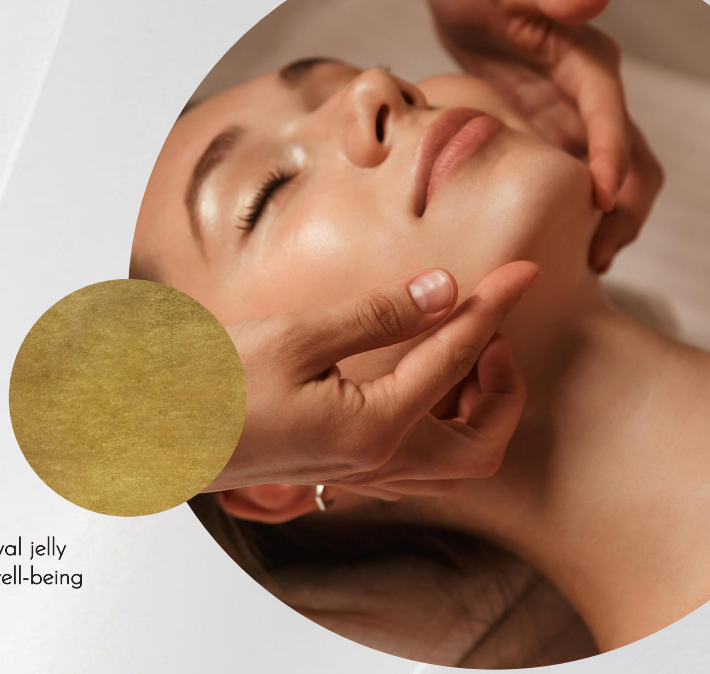
Indulge in luxurious facials, nourishing body scrubs, revitalizing masks, and signature rituals that soothe the body and calm the mind, creating a profound sense of renewal.

The Aether Spa Club features four treatment rooms, a couple's suite, hair and nail salon, relaxation lounge, indoor pool, sauna, steam bath, and a fully equipped fitness center—offering a complete journey of relaxation and rejuvenation.

Your Aether Journey Begins Here.

Explore the Aether life!

facial treatments



ALOE VERA AFTER SUN WITH ROYAL JELLY

50 MIN

Rejuvenate after a sun-filled day with this soothing treatment. Aloe vera and royal jelly nourish the skin, ease tension, and restore energy, promoting a serene sense of well-being for body and mind.

HYDRATION WITH WILD ROSE

50 MIN

Revitalize dry and dehydrated skin with this luxurious facial, infused with botanical and floral extracts. It deeply hydrates, restores balance, and leaves the skin glowing with vitality.

BEAUTY IN FUSION

50 MIN

Experience a bespoke "Infusion of Beauty," crafted for your unique skin needs. Choose your personalized elixir: 30 for glow and vitality, 40 for hydration and firmness, or 50 for nourishment and density, leaving the skin radiant and renewed.

BALANCING TREATMENT

30/50 MIN

This specialized facial restores balance to the skin, controlling sebum and promoting harmony, while delivering gentle yet highly effective care suitable for both teenage and adult skin.

VITAMIN C FACIAL TREATMENT

50 MIN

Combat the effects of skin aging with this advanced treatment, blending pure Vitamin C and Ume Extract to inhibit glycation and leave the skin revitalized and radiant.

TIME EXPERT RIDES EYE & LIP CONTOUR

40 MIN

Revitalize the delicate eye and lip area with this luxurious therapy. Precision suction combined with healing quartz stones stimulates collagen and elastin, reducing puffiness and dark circles while leaving the skin radiant and refreshed.

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body treatments

SUBLIME SUMMER - AFTER SUN

50 MIN

A fully restorative and rejuvenating treatment designed to provide the perfect cooling sensation for sun-exposed skin. This anti-inflammatory and deeply hydrating ritual soothes irritation and replenishes moisture. A refreshing mask—expertly applied by our therapist—combines waterlily, cucumber, aloe vera, and Greek yoghurt to restore the skin's natural lipids, leaving it soft, smooth, and beautifully revitalized.

CRETAN EXPERIENCE - HYDRATING & NOURISHING BODY TREATMENT

70 MIN

A rejuvenating wellness experience that restores body and mind. Inspired by the scents and flavors of Crete—sage, mountain tea, and native herbs—this treatment features a rich honey-infused body mask, a relaxing Dittany oil massage with Cretan Crocus, and finishes with a hydrating red grape and Raki gel to refresh skin and senses.

SPIRITUAL BOTANICA - PURE DETOX

100 MIN

A botanical ritual designed to restore harmony to body, mind, and soul. Olive kernel grains gently exfoliate the skin while rose petals and iris help improve elasticity. A detoxifying body mask infused with dittany oil and rosemary revives the senses and leaves the skin beautifully renewed.

This treatment includes 30' in the Spa Suite, featuring a sauna and steam room, to enhance relaxation and prepare the body for the ritual.

body scrubs

EXPRESS BODY POLISH

30 MIN

Awaken the senses with a full-body crystal exfoliation, infused with enchanting aromas to polish and renew the skin. Skin regains elasticity, softness, and a luminous, healthy glow.

Select your favorite from our signature scrubs: Jasmine & Gardenia, Rose Petals, Mocha, or Fresh Coconut.

body wraps

TOUCH OF SILK

30 MIN

Replenish and rejuvenate with this nourishing shea butter body wrap. Dry and damaged skin is revitalized, leaving your body velvety smooth and deeply hydrated.

GO FOR GOLD

30 MIN

A lavish treatment featuring 24K gold and starflower oil, creating a deeply hydrating, silk-like mask. This ultra-hydrating ritual wraps your skin in velvet, leaving it luxuriously soft, revitalized, and radiant.

rituals

CALMING LEG RELIEF MASSAGE

50 MIN

Spearmint-infused chocolate sugar crystals exfoliate and refresh, stimulating circulation and smoothing skin. Enjoy a Cretan Raki gel mask rich in antioxidants, a hydrating coconut oil massage, and a soothing yoghurt powder finish for rejuvenated legs and luxuriously soft skin.

MESMERIZING & MYSTIFYING HEAD & HAND MASSAGE

50 MIN

A sensory voyage inspired by the aromatic herbs of Greece. This invigorating yet deeply relaxing head massage, infused with laurel oil and the calming aromas of lavender, rosemary, and tea tree, gently releases stress and restores a sense of balance.

SPA SUITE EXPERIENCE

30 MIN

All Rituals include 30' in the Spa Suite, featuring a sauna and steam room, to enhance relaxation and prepare the body for the ritual.



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massages

IGNITE YOUR SENSES - AROMATHERAPY MASSAGE

50 MIN | 80 MIN

A carefully crafted ritual designed to gradually soothe the body and quiet the mind, offering a truly cocooning and indulgent experience. The captivating aroma of precious frankincense and warm patchouli envelops the senses, inspiring deep relaxation and a lasting sense of serenity.

HARMONIZE THE BODY DEEP TISSUE MASSAGE

50 MIN

A tailored deep tissue massage designed to ease muscle tension and soreness. Targeted techniques enhance circulation, promote detoxification, and rebalance to body and nervous system, leaving you in profound relaxation and harmony.

ENERGIZING BACK AND NECK MASSAGE

30 MIN

A relaxing treatment targeting the upper back, shoulders, neck, and head to release tension and relieve muscle stiffness. Expert techniques ease stress, improve circulation, and promote a deep sense of well-being

FOOT MASSAGE

30 MIN

Using precise pressure point techniques, this massage stimulates nerve reflexes to optimize body and organ function. It soothes the mind, eases headaches, and encourages profound relaxation and restorative sleep.

MELTING SENSATION - CANDLE MASSAGE

50 MIN | 80 MIN

A velvety warm oil massage envelops the body in delicate, aromatic scents. The oil penetrates deeply, releasing its restorative properties and captivating fragrance, creating a refined aromatherapy experience that restores balance, relaxation, and well-being.

Select your preferred aroma from our scents collection: Relaxing, De-Stress, Recharging, Empowering.

CELLULITE REDUCTION - MASSAGE

40 MIN

Reduce the appearance of cellulite with this leg-firming massage. Alluring notes of jasmine and gardenia, combined with the warm, spicy aroma of cinnamon, captivate the senses, while a blend of essential oils tones the body and promotes elasticity. The warm oil leaves the skin silky smooth and velvety, enhancing confidence in your most attractive curves.

MATERNITY MASSAGE

50 MIN

This head-to-toe prenatal treatment is designed for expectant mothers from the second trimester onwards. Nourishing organic shea butter helps relieve muscle tension, particularly in the lower back, while easing discomfort during and after pregnancy. The luxurious gardenia body butter softens and nourishes the skin, and its calming fragrance soothes the mind.



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signature treatments

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THE WONDERS OF CRETE FACE & BODY TREATMENT WITH HERBAL POUCHES

130 MIN

Pamper yourself with the natural treasures of Crete and experience the benefits of rare local herbs. This treatment includes a rich face and body mask infused with organic honey, bee pollen, and royal jelly to promote skin renewal, regeneration, and firmness. The massage is performed with warm Cretan herbal pouches, creating a unique sensory journey that revitalizes the mind, body, and soul.

UNDER THE MOONLIGHT FACE & BODY TREATMENT

130 MIN

A mesmerizing touch for your skin and a unique ritual for your senses. Sparkling white sugar crystals gently exfoliate, preparing the body for a luxurious mask enriched with 24K gold leaves and precious gemstones. This indulgent treatment delivers a perfectly balanced anti-aging experience, leaving the skin radiant and revitalized.

ENDLESS LOVE FACE & BODY TREATMENTS

105 MIN

Indulge together in a couples' ritual. Choose from luxurious aromatic notes—cool, spicy, or earthy—to create a rejuvenating experience that captivates the senses and deepens your bond.

SPA SUITE EXPERIENCE

All Signature Treatments include **30'** in the Spa Suite, featuring a sauna and steam room, to enhance relaxation and prepare the body for the ritual.

beauty treatments

NAILS

Manicure
Spa manicure (peel/massage/mask)
Semi permanent – manicure

Pedicure
Spa pedicure
Semi permanent- pedicure

HAIR STUDIO

Hair wash
Hair styling straight
Hair styling curl

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CRETAN EXPERIENCE

CRETAN RELAXATION
SCRUB HANDS-FEET,
MASSAGE HANDS-FEET-HEAD

50 min.

A soothing Cretan ritual for the head, hands, and feet, designed to bring you into a state of complete relaxation. This treatment includes a calming head massage, followed by express exfoliation and a nourishing massage for the hands and feet.

CRETAN MASSAGE

50 min.

A relaxing Cretan massage using organic oil rich in antioxidants and vitamin E, designed to nourish the skin and soothe the body.

CRETAN EXFOLIATION

30 min.

A Cretan body scrub with prickly pear and dittany gently yet deeply exfoliates the skin, removing dead cells and leaving it silky smooth and soft like cashmere.

Massage Crete by Hotel Wellness
massagecrete.gr

www.massagecrete.gr

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